



Sgt. Veronica Pruhs and K-9 Jerry search vehicles at a motor pool as part of a recent certification test. Pruhs is a patrol drug detector dog handler with the 520th MWD Det.

8th MP working dogs certify, enhance readiness

Story and photo by
STAFF SGT. TARESHA HILL
8th Military Police Brigade Public Affairs
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Spc. Arianna Dotson and her K-9 partner, Jerry, stand outside the Sgt. Smith Theater, here, where a possible bomb may be hidden.

After several minutes, Dotson gives Jerry the command he’s been waiting for.

“Seek!”

With that, the test begins and the team enters the theater to begin the search for pos-

sible threats.

Dotson is a dog handler with the 520th Military Working Dog (MWD) Detachment, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command. Jerry is a patrol explosive detector dog, or PEDD.

The theater was just one of many different locations that Dotson and Jerry, along with three other military police teams with the 520th MWD Det., had to search in May, as they worked to earn their K-9 team certifications.

Like every Soldier in the Army who is trained for the job, they perform daily; each K-9 has a spe-

cial job. MWDs can be trained to be a PEDD, a patrol drug detector dog (PDDD) or a specialized search dog (SDD).

As with some special jobs, certification becomes a requirement, and for MWDs it is a yearly requirement.

“If we don’t certify, we can’t do our jobs,” said Staff Sgt. Nathan Stanton, PDDD handler. “(Otherwise,) we can’t support our garrison or deployment missions.”

Overseeing the certification, Master Sgt. William Etheridge, MWD program manager, Headquarters and Headquarters Bn., U.S. Army-

Pacific, said that, in addition to being able to work cohesively as a team, the K-9s must demonstrate detection proficiency in five different areas.

“The areas can be warehouses, vehicles, barracks, roadways or aircraft,” Etheridge said. “It varies from installation.”

In addition to detection proficiency, the handlers with PEDD and PDDD K-9s are tested on their aggression control, also called “bite work.”

“Once a handler has released his K-9, the handler has to be able to call him off before he bites

See 8th MP A-4

Full outage at SB, WAAF is Saturday

KAREN A. IWAMOTO
Staff Writer

WHEELER ARMY AIRFIELD — U.S. Army Garrison-Hawaii’s Directorate of Public Works is reminding those on post about a power outage affecting Schofield Barracks, Wheeler Army Airfield and surrounding areas on post.

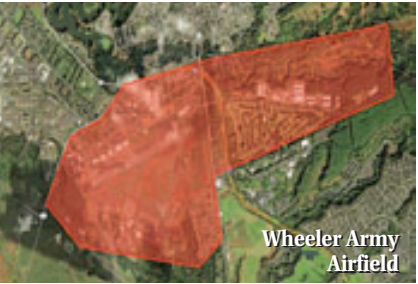
The outage is scheduled for Saturday, June 6, and will last approximately 10 hours.



Schofield Barracks will be without power between 7 a.m. and 6 p.m. Wheeler Army Airfield will be without power between 7 a.m. and 4 p.m.

This outage impacts all housing on Schofield Barracks and Wheeler Army Airfield, according to Gregory Hinkle, DPW operations officer.

Those who plan to be on post are urged to exercise caution while driving because only the traffic light at the Foote Gate on Schofield Barracks will be operating normally, Hinkle explained. All other intersections should be treated as four-way stops.



Those who need urgent medical care can visit the Schofield Barracks Acute Care Clinic between 7 a.m. and 6:30 p.m., said Brittan Jaccaud, the clinic’s customer relations specialist. Also, the clinic’s pharmacy will be open from 8 a.m.- 12:30 p.m. and then from 1:30-4 p.m.

“We can handle things like broken bones, sick kids, if you have a strep throat or need stitches,” Jaccaud said. “Anything that is life threatening, such as the loss of limb, loss of an eye or a heart attack, you should go to the nearest ER. If you come here with a life-threatening situation, we will transport you to (Tripler Army Medical Center).”

See OUTAGE A-3

Contracting Command names Best Warrior

Story and photos by
LT. COL. DAVID HYLTON
Office of Public and Congressional Affairs
U.S. Army Contracting Command

REDSTONE ARSENAL, Alabama — Sgt. 1st Class Enes Memic, 419th Contracting Support Brigade, Fort Bragg, North Carolina, was named the U.S. Army Contracting Command’s Best Warrior for 2015.

The runner-up, and the Expeditionary Contracting Command’s Best Warrior, is Staff Sgt. Cory Anderson, 413th Contracting Support Brigade, Fort Shafter.

Contracting Command Soldiers competed, here, for the title of ACC Best Warrior. The competition was also used to determine the Best Warriors for the ACC Contracting Centers, Expeditionary Contracting Command, and Mission and Installation Contracting Command.

This was a challenging competition, said Memic.

“I enjoyed both the urban orienteering and road march, because they put your mind and body to the test,” he said.

All of the other participants also remarked about the difficulty of the competition.

Anderson said, “I really love how intense the whole thing was. I really liked the road march. It was physically demanding, and it took you to the limit.”

See WARRIOR A-4



Sgt. 1st Class Enes Memic, winner of the 2015 ACC Best Warrior Competition, fires the M9 pistol during mystery event. Memic and five other ACC Soldiers participated in a series of competitive events in Alabama, May 29-30.

Hale Koa guest thanks those who saved his life

Story and photo by
LARRY REILLY
Installation Management
Command-Pacific Region Public Affairs

WAIKIKI — A guest of the Hale Koa Hotel, here, returned to thank the people who saved his life 13 days after suffering a cardiac arrest.

George Adkins, a 72-year-old veteran from Blacksburg, Virginia, and frequent guest at the Hale Koa, was at the Barefoot Bar on May 13, when he suddenly blacked out and went into cardiac arrest.

The bartender, Rex Bermundo, who had befriended Adkins during his previous stays at the hotel over the past 16 years, noticed that Adkins was slumped over and went to check on him after radioing 911.

Adkins was unresponsive, not breathing and exhibiting no signs of pulse — his heart had stopped. Within seconds of Bermundo’s 911 call, hotel security personnel arrived on the scene and, with the help of bystanders, initiated CPR and deployed an automated external defibrillator (AED) on Adkins in an attempt to restore normal heart rhythm and blood circulation.

“Adkins was showing no signs of life when we reached him,” said Dustin Truman, Hale Koa assistant manager on duty, who assisted

in the initial CPR and AED procedures. “While the others conducted CPR, I assisted with the AED process, which seemed to help revive his heartbeat.”

Within minutes, the Honolulu Police Department was on the scene and administered high-performance CPR and continuous chest compressions. Emergency Medical Services and Honolulu Fire Department personnel ar-

rived soon, thereafter, and assumed medical responsibility. They transported Adkins to the Straub Clinic and Hospital, where doctors put two stints in Adkins’ arteries to restore blood flow to and from the heart.

Adkins’ partner of 21 years, Sue Elliot, had accompanied him on the trip, but was not at

See MAHALO A-4



George Adkins and Sue Elliot (center) thank the first responders who teamed up to render aid after George went into a cardiac arrest at the Hale Koa Hotel’s Barefoot Bar, May 13. Adkins also met with members of the hotel staff, Honolulu Police, Fire, and Emergency Medical Services departments, May 26, to personally thank them for saving his life.



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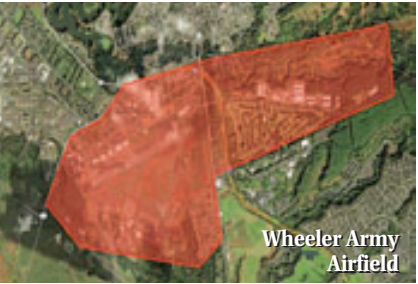
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Outgoing Pasquarette honored with Flying V

Story and photo by
STAFF SGT. CHRIS MCCULLOUGH
U.S. Army-Pacific Public Affairs

FORT SHAFTER — Maj. Gen. James F. Pasquarette, deputy commander, U.S. Army-Pacific, was honored during a Flying V ceremony held at historic Palm Circle, here, May 28.

Fifteen of USARPAC’s subordinate and theater-enabling commands were represented on the parade field by command teams and Soldiers bearing the organizational colors.

The ceremony was held to honor Pasquarette for his distinguished service as he prepares to depart USARPAC.

Pasquarette has 32 years on active duty with the Army and has been with USARPAC since 2013, during which time he moved from chief of staff to deputy commanding general. He departs for Camp Zama, Japan, to take over the critical responsibilities as commander, I Corps Forward, and U.S. Army-Japan.

Gen. Vincent K. Brooks, commander, USARPAC, addressed the impact Pasquarette made on the command.

“Jim’s arrival marked the elevation of the USARPAC chief of staff position, which is what he came in to do,” Brooks said. “He elevated it from that of a colonel to that of a major general position ... He did a tremendous job of a being a manifestation of that rebalance.”

Brooks recounted how successful this most recent year was and how



Maj. Gen. James F. Pasquarette, deputy commander, USARPAC, speaks to attendees at a Flying V ceremony at historic Palm Circle, May 28.

Pasquarette helped expand their relationships with USARPAC’s key partners in the region.

“He opened doors that did not previously provide opportunity for us, building on relationships that are strong and solid and making them even stronger,

deepening our relationships and our connections with this critically important region,” Brooks said.

Pasquarette said that his family and he are eager to move to Japan.

“Everyone I’ve talked to about Japan thinks we are going to have a great

experience,” Pasquarette said. “Nobody has said one bad thing about it. So, Mr. Consulate General over here from Japan, you can send a report forward that the Pasquarettes are coming and we’re very enthusiastic about what’s in front of us.”

All must take stock of their spiritual fitness

LT. COL. DAVID BOWERMAN
Army News Service

For Soldiers, taking the Army physical fitness test twice a year is a good indicator of changes in physical fitness.

The number of sit-ups and pushups performed and the 2-mile run time can increase or decrease, as well as weight. These things can show progress or the need for improvement.

Physical fitness is important for accomplishing the mission and staying healthy. Whether you are a Soldier or Department of Army civilian, family member or retiree, taking stock of your health will reap great benefits.

What about your spiritual fitness? Spirituality has to do with a person’s worldview, sense of morality and ethics, and sense of meaning. It is easy to confuse spirituality with religious practice; in fact, even atheists and agnostics can be spiritual. Buddhists are not necessarily theists, but few would argue that they are not spiritual.

Spirituality is not static; it changes and (hopefully) deepens and matures as we get older.

In 1981, Dr. James W. Fowler, a developmental psychologist at Emory University and a United Methodist minister, published “Stages of Faith: The Psychology of Human Development and the Quest for Meaning.” In this book, Fowler proposed that people go through phases

in their spiritual development – the faith of a child is different from the faith of an adult, for instance.

During the course of his research, Fowler interviewed Jews, Catholics, Protestants, agnostics and atheists. He suggested that there are six stages of faith, starting with zero (in infancy).



According to Fowler, very few people achieve the highest level, stage six, but he suggests that individuals such as Dr. Martin Luther King Jr., Mother Teresa and Mahatma Gandhi might be examples of those who do.

Most of us are somewhere in the middle, but we do not have to stay at the same stage through life.

Spiritual growth will be different for each person. What works for one person may not work for another, but activities such as belonging to a worship community, prayer and meditation,

and deliberate study of any sacred texts from your own tradition can help contribute to growth. Many people also express their spirituality through volunteerism. You might get an idea of your own

AR 600-63,
The Army Health Promotion is defined as any combination of health education and related organizational, political, and economic interventions helping the well-being of the Army. “A spiritually fit person recognizes there are multiple dimensions that make up a human being and seeks to develop the total person concept. This includes enhancing spiritual fitness through reflection and practice of a lifestyle based on personal qualities needed to sustain one during times of stress, hardship and tragedy.”

level of spiritual fitness from a source, such as the “Spiritual Dimension” on the Global Assessment Tool, or GAT. Soldiers have to take the GAT each year. But there are many ways to gauge your spiritual resilience.

The “Spiritual Fitness Inventory” Technical Guide 360 on the U.S. Army Public Health Command Spiritual Health website is another tool.

When you step on the scale, you’re taking stock of your health. Shouldn’t your spiritual health be just as important?

5 STEPS in FAITH

First visit to One World Trade Center recalls those lost

CHAPLAIN (MAJ) PIERRE FLORIO
45th Sustainment Brigade
8th Theater Sust. Command

I am writing this article as my mind could not help but remember the sacrifices of America’s heroes, whose sacrifices will not be forgotten by a grateful nation.

Recently, my family took a trip to New York City to visit family and friends. We also took time to reflect on those who gave their lives during that fateful day on Sept. 11, 2001.

This was the very first time that my wife and I saw the One World Trade Center building standing in the place where the Twin Towers stood.

With mixed emotions, we embraced the new with admiration and the resolve from a nation that vowed never to let this happen again.

We went to see the 9/11 monument, and thought how one of those who died on that day could have well been my firefighter brother, who was called to the site from the East Farmingdale Fire Department, New York.

We must be reminded constantly that the price of freedom is never free.

The sacrifices of the brave men and



Florio

women who rushed to rescue the innocent from the towers, or the thousands who have died in battle since 9/11, must ignite a passion within our souls to stand against evil — morally, spiritually, intellectually and by any other fashion that we can.

We can’t and we won’t forget. We must remember

why they died. It was for our country, it was for our fellow Americans, it was for our freedom.

Let their death be in vain, let us re-

member to wage war against wrongdoing in our neighborhoods, in our units or overseas.

The Bible reminds us of the nature of this warfare:

*The thief comes only to steal and kill and destroy;
I have come that they may have life, and have it to the full.
— John 10:10*

We have an advocate on the side of the righteous against evil. Let us not forget this important truth, as we seek to defend that which is honorable.

Voices of Ohana

In support of the “Take a **STAND!**” Campaign

What does “Don’t be a Bystander — Take a **STAND!**” mean to you?

By 500th Military Intelligence Brigade



“To have an active role ... seeing something and not letting it happen.”

Lisa Charles
SHARP program manager



“Intervene on behalf of another Soldier in need.”

Spc. Roger Lipsk
HHB, 25th ID



“You have an obligation to protect the atmosphere and to just be there for your fellow Soldiers.”

Pfc. Cornel Saunders
HHC, 307th Expeditionary Signal Battalion



“Taking a stand against anything you see that’s wrong ... looking out for each other.”

Sgt. Jessica Smith
HHB, 25th ID



“When someone is in trouble, you would stand up for them and not allow any wrongdoing.”

Pvt. Mitchell Williams
715th MI Bn.

Guard hosts its largest-ever disaster-prep exercise

HAWAII NATIONAL GUARD
News Release

Since Monday, the Hawaii National Guard has been hosting exercise Vigilant Guard/Makani Pahili 2015. VG/MP15 is being held at multiple locations on four Hawaiian islands and will have over 2,200 participants. More than 700 of those participants are coming from four or more other states and Guam, and observers are from seven Asia-Pacific countries. Planning for VG/MP15 has been in the works for over a year. Vigilant Guard is a large-scale, regional exercise sponsored by U.S. Northern Command and the National Guard Bureau. Makani Pahili is the state’s annual hurricane exercise, led by the Hawaii Emergency Management Agency, which coincides with the beginning of the hurricane season. This year, the two exercises have been combined to make this the largest disaster preparedness exercise in Hawaii National Guard history. VG/MP15 provides an opportunity for the State of Hawaii, and the Hawaii

National Guard in particular, to improve collaborative efforts in regards to emergency preparation, coordination, response and recovery management with federal, regional, local, civilian and military partners during domestic emergencies and catastrophic events. The HING staff uses exercise such as VG/MP15 to increase proficiency and challenge participants’ comfort zones during National Guard domestic operations and emergency management. Some of the scenarios that will be exercised by military and first responders include disease outbreak, cyber attack, chemical spill, search and rescue, collapsed structure, medical mass casualty and more. While VG/MP15 is primarily a command post exercise, there will be some field venues. Locations on Oahu include Hawaii National Guard headquarters, the Regional Training Institute at Waimanalo, Pier 29 and the state emergency operations center in Diamond Head. On the Big Island, training will occur at the Keaukaha Military Reservation;



Lacey Justinger,
U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — A role-player is treated for simulated injuries by Soldiers from the health clinic, Wednesday.

on Maui, the Army National Guard’s Puunene Armory and the Maui Fire Department training area; on Kauai, Vindiha Stadium and the National Guard’s Hanapepe armory. June 2, an alternate port scenario



Airman 1st Class Robert Cabuco, Hawaii Air National Guard

HONOLULU — Guardsmen track a simulated hurricane during the exercise at the JTF 5-0 command center in the Guard’s Diamond Head headquarters, Monday. The exercise improved collaborative efforts for emergency preparation, coordination, response and recovery.

took place at Joint Base Pearl Harbor-Hickam. On the morning of June 6, a mass casualty/decon event took place at The Queen’s Medical Center-West Oahu, and a rubble pile search and rescue extraction at Kalaeloa.



Staff Sgt. Matthew Ryan, 25th Infantry Division Public Affairs

Col. Kenneth D. Chase accepts the 25th CAB colors from Maj. Gen. Charles A. Flynn, commander, 25th ID, signifying his assumption of command during a joint change of command and change of responsibility ceremony, Tuesday.

25th CAB welcomes new comand team

STAFF SGT. SEAN EVERETTE
25th Combat Aviation Brigade
Public Affairs

SCHOFIELD BARRACKS — Col. Kenneth D. Chase and Command Sgt. Maj. Brian N. Hauke took over as the command team for the 25th Combat Aviation Brigade, 25th Infantry Division, here, Tuesday. Chase comes to the CAB from Japan, where he served as the deputy commander and chief of staff for U.S. Army-Japan and I Corps (Forward). “My family and I are honored to join your ranks,” Chase said. “We are humbled by the opportunity to serve alongside you as this brigade continues to add tales of glory in its service to the Soldiers of the 25th.” Some of Chase’s other assignments include Iraq, Afghanistan, Germany, Bosnia and Italy. Command Sgt. Maj. Hauke comes to the CAB from the 2nd General Support Avn. Battalion at Hunter Army Airfield, Georgia.

Outgoing commander Col. Kenneth A. Hawley is leaving the CAB to take over as the G3 Air at U.S. Forces Command, Fort Bragg, where he will be one of the key people guiding the restructuring of Army aviation. He gave praise to the Soldiers who worked for him over the past two years and said that his time as commander of the 25th CAB will affect everything he does professionally in his new position. “Through hard work, the men and women of the Wings of Lightning brigade have met our vision of being a highly proficient, lethal, expeditionary team dedicated to supporting Army, joint and coalition forces while serving as the Army’s combat aviation brigade of choice in the Pacific,” Hawley said. “Because of all of our deployments and combined operations, all Army forces and our joint and coalition partners understand how good you are, and they want you there flying for them.”

Outage: Power to be off across installation

CONTINUED FROM A-1

The Schofield Barracks Commissary will be open during reduced hours, said Brad McMinn, the commissary’s director. “There’s no early bird shopping, but it’s business as usual between 10 a.m. and 5 p.m.,” McMinn said. The Kolekole Bar & Grill on Schofield Barracks will be open from 11 a.m. to 8 p.m., with plans to serve a full menu, said Suzanne King, director of Family and Morale, Welfare and Recreation. FMWR plans to open Tropics and the Schofield Barracks Bowling Center once power is restored after 6 p.m. Leilehua Golf Course, which is adjacent to the East Range, will be open, as will its restaurant, the Leilehua Bar & Grill (a.k.a. “The Grill”). However, the Pro Shop will be closed due to the outage. The Grill’s hours of operation, 6 a.m. to 7:30 p.m., will remain the same, but the menu may be limited to items, such as sandwiches and burgers, while the outage is in effect, said Lynn Wakui, administrative support assistant for the Leilehua Golf Course. According to the Army and Air Force Exchange Service, the Car Care Center/Express at Foote Gate is tentatively scheduled to be open from 8 a.m. to 6 p.m. and from 7 p.m. to midnight. Three food trucks on Schofield Barracks will also be in operation, according to AAFES. •Baja Taco, not far from the Lyman Gate will be open from 7 a.m. to 2:30 p.m. •Wing Hut, in the Exchange parking lot, will be open from 10:30 a.m. to 2 p.m. •The Two Little Pigs food truck in the Kolekole Express parking lot on Schofield Barracks will be open from 7 a.m. to 2 p.m. The outage is part of ongoing efforts to upgrade the Castner Substation on Schofield Barracks, Hinkle said. The Castner Substation was installed in 1944 and is one of two main electrical substations power-

ing the installation. The upgrades include replacing four failing transformers, replacing two outdated oil-circuit breakers (which were difficult to source because of their age), replacing damaged air switches and replacing old metering equipment, according to Hinkle. Saturday’s outage is the third in a series of outages to support the upgrades.

Buildings Without Power

The following organizations will be impacted by the outage:

FMWR buildings closed Saturday:

- | | |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| •486/488 Martinez Physical Fitness Center. | •910 Auto Skills Center. |
| •557 Schofield Bowling. | •1283 School Support Services. |
| •560 Yano Hall-Library. | •2060 Nehelani. |
| •572 Warren Skills Development Center. | •2106 Outdoor Recreation Equipment Storage. |
| •578 Richardson Pool. | •2110 Outdoor Recreation Complex. |
| •582 Health and Fitness Center. | •3320 Leisure Travel Service. |
| •585 Tennis Courts Office. | •9090 Bennett Youth Center. |
| •589 Tropics. | •9098 Bennett Child Development Center. |
| •645 Youth Sports Office. | |
| •Bldg. 283, School Support Services, will also be closed; sometimes Saturday classes take place in the building, but not today. | |

AAFES facilities to be closed follow:

- 364 Paradise Express.
- 583 Sgt. Smith Theater.
- 694 Main Store and Food Court.
- 2606 Popeyes/Burger King.
- 3320 Home Center.

Dining facilities to be closed follow:

- 357, 3rd BCT.
- 2085, 2nd SBCT.

Those still experiencing disruption in electrical services after 6 p.m., Saturday, may call DPW at 656-3272.



Outage Tips

Island Palm Communities has the following tips for residents impacted by the outage: •Open the refrigerator and freezer only when necessary. •If there is space, freeze gallon jugs of water to help maintain the freezer’s temperature. Be sure to fill the jugs no more than ¾ full to allow for expansion when freezing. •Have extra ice on hand and

a cooler to keep perishable food cold. •Foods in the freezer will remain frozen for one day provided the door remains shut. •Foods in the refrigerator will remain unspoiled for up to six hours. Condiments typically last longer unrefrigerated. For more tips, click on the “Safety and Emergency” tab at hawaiianelectric.com.



8th MP: K-9s recertified

CONTINUED FROM A-1

a suspect who has given up,” Etheridge said.

Etheridge added that this was a critical task a team could not fail.

For SDD handler Spc. Brandon Spears, this was one task he and his K-9, Macey, did not have to worry about.

“With an SSD, you don’t have to worry about the dog going after people or animals,” Spears said. “There’s no bite training involved.”

While the certification is a week-long process, Stanton said that it was no different than the training they do every day.

“The only difference is the program manager is here to see if we’re proficient with our dogs and if we make a good team,” he added.

Finally, after the weeklong testing, three of the four teams received their certification.

Etheridge added, “They still have a lot of training and growing to do.”

Mahalo: All get thanks

CONTINUED FROM A-1

the Barefoot Bar when he went into cardiac arrest. She was quickly summoned to the scene.

“I ran as fast as I could, hoping they had not already taken George to the hospital,” Elliot said. “I was so relieved to learn he had not passed away and that I could go with him in the ambulance to the hospital.”

For Adkins, thanking those who saved his life was his top priority before leaving Hawaii; however, he was overcome with emotion when the moment arrived.

“When I stood in front of everyone who had saved my life, the impact of what they had done hit me. I got emotional and all I could say was thank you, thank you,” said Adkins after shaking everyone’s hands and grabbing a glass of water. “If it were not for all of them, I would not be here today. I owe them my life, especially the hotel staff who quickly administered CPR and the AED.

“It is so comforting to know that the hotel staff conducts this type of emergency training and can perform it in real situations,” he added.

The responders said they were just doing their job, and while they were gracious in receiving Adkins’ gratitude, they said the real reward was knowing he had lived.

“More often than not, we don’t know if patients survive after EMS takes them to the hospital,” said Officer T. Kim, HPD responder.

Army to field new camo uniform pattern

BOB REINERT
Army News Service

NATICK, Massachusetts — If you can’t see it, you can’t attack it. Since the conflicts of the 18th century, that’s been the thinking behind military camouflage.

Today, when it’s applied to their uniforms, it can save Soldiers’ lives. That fact has driven the Army’s decades-long efforts to improve its camouflage patterns.

The next step toward greater Soldier protection comes July 1, when the Army begins to make the Operational Camouflage Pattern available for the Army Combat Uniform in select Military Clothing Sales Stores. The new pattern will replace the current Universal Camouflage Pattern. The UCP has been used for the past decade.

The transition period for the new pattern will extend from July 1 to Sept. 30, 2019. The entire Army will be in the OCP by Oct. 1, 2019. New Soldiers will receive ACUs with the new pattern beginning in January 2016.

The OCP will be available to the National Guard, Army Reserve and senior ROTC in summer 2016.

Using Soldier feedback about improving the UCP, the Army, in 2010, began providing the Operation Enduring Freedom Camouflage Pattern, or OEFCP, to Soldiers deploying to Afghanistan.

The Natick Soldier Research, Development and Engineering Center also began developing the new OCP.

The OCP testing and evaluation effort has been described as the most comprehensive done across operating environments. Various terrains, vegetation, seasons and times of day were studied.

Though not considered a new uniform, the OCP ACU will incorporate other design changes to the



collar, pockets, knee and elbow patches, and trouser waistband. Instead of the current sand color, the OCP will be worn with a tan 499 T-shirt and belt and coyote brown boots.

Because the new pattern will replace the current UCPs and OEFCPs only as they wear out, the change is viewed as fiscally responsible. The OCP ACUs are expected to cost Soldiers about the same as the UCP ACUs.

“All enlisted Soldiers receive an annual stipend for the purchase of uniforms and accessories,” said Sgt. Maj. of the Army Daniel Dailey. “I myself will wait until I am issued my clothing allowance before purchasing a uniform with the OCP. I encourage all Soldiers and leaders to do the same by budgeting

for a new uniform, belt, boots and T-shirts as you receive your clothing allowance over the next two to three years.”

During the transition period, Soldiers may mix and match items with either the OEFCP or the OCP. They can also wear OEFCP flame resistant ACUs during that time.

“Presenting a professional appearance is very important to Soldiers, but we will not inconvenience or burden our troops,” Dailey said. “We will still be the most lethal fighting force the world has ever known, even if our belts don’t match for the next few years.”

(Note: Reinert works at U.S. Army Garrison-Natick Public Affairs.)

Warrior: 418th CSB’s Memic to represent ACC in next round

CONTINUED FROM A-1

“This is the most difficult competition that I’ve ever been in, and it was rough,” said Sgt. Elijah Felton, 418th CSB, Fort Hood. “It is an experience I will never forget.”

The event was planned and executed by the combined ACC/ECC staff, along with support from ACC-RSA and the Army Materiel Command Band.

“The support we received from ACC-Redstone and the band was critical to the success of the competition. Their Soldiers provided an essential mix of skills and experiences that took the Best Warrior to a new level,” said Command Sgt. Maj David Puig of Redstone Arsenal.

Memic will represent the command at the Army Materiel Command competition in July at Camp Atterbury, Indiana.

“It was a tough competition. I applaud all of the fine noncommissioned officers who stepped up to the plate and accepted the challenge,” said Puig.

Other Participants

Others participated in the 2015 ACC BWC:

- Staff Sgt. Chiffon Canty, 411th CSB, Camp Coiner, Korea.
- Staff Sgt. Elijah Felton, 418th CSB, Fort Hood, Texas.
- Staff Sgt. Paul Gaeth, ACC-Redstone Arsenal, Alabama.
- Staff Sgt. Comfort Johnson, ACC-Warren, Warren, Michigan.
- Sgt. Brandon Clark and Spc. Adam Walton, both from the AMC Band, Alabama, participated in the events to prepare for the AMC Best Warrior Competition.



Hawaii-based Sgt. 1st Class Cory Anderson, 413th CSB, Fort Shafter, conducts a Warrior Task Battle Drill as part of the 2015 Army Contracting Command Best Warrior Competition, May 29-30. Anderson was runner-up and Expeditionary Contracting Command Best Warrior.

What it Takes to be Best

Competition events were held at various locations around Redstone Arsenal, May 29-30, where participants endured two days of mental and physical challenges.

All competitors conducted an equipment layout and had their height and weight

checked before the actual events.

- Day one included the Army Physical Fitness Test, warrior tasks and battle drills, weapons qualification and urban orienteering.
- Day two involved a road march, a written test and essay, and appearing before a board of command sergeants major.

599th Trans. conducts port ops at Pearl Harbor

Story and photo by
DONNA KLAPAKIS
599th Transportation Brigade Public Affairs

PEARL HARBOR — The 599th Transportation Brigade conducted port operations on the USNS Pfc. Eugene A. Obregon, here, May 24-26.

The brigade and a four-person deployment and distribution management team teamed up with Army and Navy elements to offload the vessel after 2015 Pacific Pathways operations.

Lt. Col. Joshua Vogel, commander of the 836th Transportation Battalion, led the DDMT.

“The Obregon was scheduled to arrive at noon, but it didn’t get in until 6:30 p.m., May 24,” Vogel said, “so we didn’t get started with the actual offloading until Memorial Day morning.

“But the 25th ID had 60 supercargoes on board. They had already unleashed everything by the time the first helicopter came off the ramp. That saved us a lot of time,” he added.

Supercargo is a shipping term for people employed by the owner of freight onboard a cargo ship who ride along and help with the freight during the voyage.

James Luxemburg, 836th Trans. Bn. information technology specialist, provided IT support during the move.

“When we first got in, we came over to upload the GATES (Global Air Transportation Execution System) program at Pearl Harbor with in-



Soldiers and port operations personnel get a helicopter ready to offload from the USNS Pfc. Eugene A. Obregon during port operations, May 26, at Pearl Harbor.

formation we had gotten from the 835th Tran. Bn. in Okinawa,” said Luxemburg.

Frank Viray, traffic management specialist, was the chief of operations for the 599th operations section.

“We didn’t have any issues with this offload,” Viray said. “We only had one fuel tanker dead-

lined that was stowed in a location; it couldn’t be lifted off the ship. We used teamwork to get it down the ramp and send it back to Schofield Barracks for repairs.”

“We knew some equipment would be deadlined when it arrived,” said Vogel. “It had been gone from the unit to three different exercises

and for five months, so a lot can and will go wrong with rolling stock when it can’t undergo normal maintenance in that amount of time.

“The 835th Transportation Battalion in Okinawa did a great job loading the ship so that we could offload it easier. We have instituted VTCs with them anytime we pitch and catch a move, so we know what we are getting and where it is stowed,” he said.

“We let the 25th ID know what was deadlined, and they had good maintenance assets here at the port to get everything running again,” Vogel added.

During its five months away from home, the 25th ID cargo had traveled throughout the Pacific.

The cargo that was finally offloaded May 25 first left Hawaii in early January onboard the USNS Sgt. Matej Kocak en route to Okinawa. It ran aground on a reef within 10 miles of setting sail from Okinawa.

The Obregon arrived Feb. 28 to relieve its sister ship. It then traveled to South Korea twice for Foal Eagle and Key Resolve exercises. After the exercises in South Korea, the Obregon returned to Okinawa. It then sailed to Subic Bay in the Republic of the Philippines twice for deployment and redeployment of the Balikatan exercise.

Before returning to Hawaii, the Obregon made one last stop in Okinawa to offload Army and Marine Corps cargo there.

USARPAC helps nations respond to disasters

AMAANI LYLE
DOD News, Defense Media Activity

FORT SHAFTER — Since the April 25 magnitude-7.8 earthquake in Nepal that claimed the lives of about 10,000 people and left thousands more injured or missing, U.S. Army-Pacific Command has dedicated significant resources to disaster response in Nepal.

Maj. Gen. James F. Pasquarette, USARPAC’s (former) deputy commander, said in a recent interview that his command’s many operational, humanitarian and disaster response measures, and a series of disaster management exercises and exchanges called Pacific Resilience, are key to helping partner armies and various nations, including China, respond and rebound more independently after natural disasters.

This can also “build trust and confidence that the U.S. Army is able to come in and work with them if invited,” the general added.

USARPAC conducted disaster response exchanges and exercises with Nepal in 2011 and 2013, with another planned for this year, Pasquarette said, but real-life events have called for real-life responses.

Humanitarian assistance support teams

“It was a significant earthquake, so I don’t think any nation would be ready for everything. That’s why they have outside assistance,” the general said. “We have humanitarian assistance support teams that are on a rotating basis and can go out in a matter of hours (and) make an on-the-ground assessment.”

USARPAC also brings service-unique capabilities, such as expeditionary engineering, aviation, command and control, civil affairs, water



purification and mortuary affairs that can support the joint effort in other countries upon request and approval, Pasquarette said.

Disaster management exchanges with the People’s Liberation Army have yielded trust and confidence with China, he noted, and the Chinese military is operating side by side with USARPAC in Nepal.

“We are able to coordinate our activities based on our past experiences working with these disaster management exchanges,” the general said. “We’re proud of how we’ve done. ... We think it’s important, given the high likelihood of disasters in the Pacific, (and) this is something we want to sustain.”

Pacific Pathways

USARPAC and its partner nations also have benefited from Pacific Pathways, an initiative in which the Army develops small units to be forward deployed for quick response to humanitarian emergencies or regional threats.

By chance, USARPAC’s Pacific Pathways already had a forward deployed aviation unit in the Philippines when the Nepal earthquake struck, Pasquarette said, adding that the aviation unit had previously operated in austere environments in both South Korea and the Philippines.

Though Marine Corps Forces Pacific provided the air support for the Nepal response, Pasquarette said, USARPAC stood ready to push the aviation capability into Nepal if called upon.

“That’s some of the capability that Pacific Pathways provides - another tool that (U.S. Pacific Command) can consider in case of something unforeseen,” he said.

Powerful typhoon does not deter

MAJ. JONATHAN STAFFORD
94th Army Air and Missile Defense Command

ANDERSEN AIR FORCE BASE, Guam — For Soldiers defending the skies over Guam, those same skies recently became the enemy as Typhoon Dolphin pounded the island of Guam on May 15 with sustained 100 mph winds and gusts of up to 125 mph.

Guam is home to Task Force Talon, which has been defending the island from missile attack for the past two years with the U.S. Army’s first forward-deployed Terminal High Altitude Area Defense (THAAD) battery.

The task force is composed of Soldiers from air defense, signal and infantry units that came together as a team with their U.S. Air Force counterparts to quickly evacuate critical equipment from the unit’s location on Site Armadillo in north-western Guam.

The evacuation of mission-critical equipment happened just hours before the typhoon struck.

Task Force Talon Soldiers from Company B, 1st Battalion, 14th Infantry Regiment, 2nd Stryker Brigade Combat Team, 25th Infantry Division, who were deployed from Schofield Barracks, provided convoy security.

The convoy safely moved the equipment to storage locations maintained by the 36th Munitions and the 36th Maintenance Squadrons, 36th Maintenance Group, 36th Wing on Andersen Air Force Base.

“If not for the great support from the Air Force, the successful evacuation of the mission critical equipment would not have been possible,” said 1st Sgt. Cedric Covington, first sergeant for Battery D, 2nd Air Defense Artillery Regiment, 11th Air Defense Artillery Brigade.

“We understand the important homeland defense mission that Task Force Talon executes, and we try our best to support them anyway we can,” said Air Force Master Sgt. Chandrean Lozada, the systems flight chief for the 36th Muni-

tions Squadron.

The evacuation of the equipment was fortuitous, as the eye wall of the typhoon passed near Site Armadillo causing extensive damage to non-mission critical infrastructure and the surrounding vegetation.

Talon, 94th AAMDC. “The Soldiers worked extremely hard to clear the site of mission-critical equipment and then quickly re-established the site despite the damage from the typhoon.”

As destructive as Typhoon Dolphin



From left, Pfc. Paul Latimer, Btry. D, 2nd ADA Regt., and Sgt. Jarius Bruce and Spc. Brandon Fuller, both from the 307th Sig. Bn., emplace communications equipment after the passing of Typhoon Dolphin.

“We had some minor damage to Site Armadillo, but were able to maintain security of sensitive items and materials throughout the typhoon without injury to any Soldiers,” said Capt. Dan Stinnett, commander, Company B, 1-14th Inf. Regt., who led a small security force team that secured the site during the typhoon.

Within hours after the typhoon passed, Task Force Talon Soldiers were back on site clearing debris and repairing damage from the typhoon. Once the site was cleared, Soldiers from Battery D, 2nd ADA, who were deployed from Fort Bliss, Texas, quickly emplaced their THAAD equipment and resumed their defense of the Guam mission.

“As bad as the typhoon was, it brought out the best in the task force’s Soldiers,” said Sgt. Maj. Joel Gutierrez, senior enlisted adviser, Task Force

was, it helped to build strong bonds between Army and Air Force personnel on Guam.

“The support from Team Andersen was tremendous,” said Lt. Col. Jefferey Slown, commander, Task Force Talon, 94th AAMDC. “It is an honor to work with the many great professionals that make up the joint community here on Guam.”

Typhoon season has not even officially started on Guam, but this is the second typhoon that Task Force Talon has had to endure in the past two months.

The strong storms that strike Guam can be destructive, but they will never break the confidence Task Force Talon Soldiers have in their training and the support from the joint community on Andersen AFB.

(Note: Stafford is executive officer of Task Force Talon, 94th AAMDC.)

DOD’s ‘Pride Month’ LGBT leadership

SGT. 1ST CLASS TYRONE C. MARSHALL JR.
DOD News, Defense Media Activity

WASHINGTON — President Barack Obama declared June as Lesbian, Gay, Bisexual and Transgender Pride Month, and the Defense Department is highlighting the importance of leadership as it celebrates the achievements and sacrifices of LGB service members and LGBT civilians.

Air Force General Counsel Gordon O. Tanner discussed DOD’s LGBT Pride Month, the importance of recognizing diversity within the department and encouraging LGB service members and LGBT civilians to visibly serve.

“LGBT Pride Month is an opportunity to celebrate the achievements of LGBT members of the defense family,” said Tanner, who served on active duty in the Air Force Reserve, as a member of the civil service, and now as a Senate-confirmed political appointee.

“I’ve had the chance to see LGBT members, both civilian and military members, serve when there was a ban on openly gay service, then

during the period of ‘Don’t Ask, Don’t Tell,’ and (now) openly,” he said.

Be Open and Honest. As he has done since the repeal of “Don’t Ask, Don’t Tell,” Tanner encouraged military leaders who are LGB to be “open and honest.”

While he noted that he completely respects the right of an individual to be “where they are in their own personal lives and their own visibility,” he added, “for me, however, I believe whether leaders like it or not, that (they) are role models or mentors, and they are the visible embodiment of the core values of the organization that they represent.”

Tanner noted the Air Force’s core values are “Integrity First, Service Before Self, and Excellence in all We Do.”

“So what does integrity first mean?” he asked.



Tanner

“Well, to me, it means that we listen to our moral compass, that we live with courage, honesty, a sense of openness, justice and accountability.”

In other words, Tanner said, integrity means do the right thing.

“And it’s hard, I think, to be a person of integrity if you’re not living ... openly and living (as) who you are,” he said.

Challenges for the LGBT Community. “I believe we still have challenges in visibility,” Tanner said. “Many of our members, civilian and military, whether because of habit or because of family situations, are reluctant to be more visible. I think that visibility will be a challenge for us for some time.

“I also think that one of our challenges is outreach to local installations and communities,” he continued. “While it may be easier if you live in a metropolitan area to be more open and visible, it’s tough elsewhere.”

“The military has done a really wonderful job in the transition,” Tanner said.

NEWS Briefs

Send announcements for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

Bad Idea — A company that advertises to ruin the day of your enemies by sending them envelopes filled with sand, glitter and worse is causing problems with the Postal Service. While the website itself is legitimate, their idea of amusing or revenge has led to concerns for safety and security. The company has caught the attention of senior U.S. military leaders stationed overseas.

Reward — CID is offering a \$2,500 reward for info leading to the recovery of property, identification, arrest and conviction of person(s) responsible for the larceny of government property. A cable analyzer kit was reported stolen around Dec. 12-15, 2014. Anyone with information should contact the MPs at 655-5555 or CID at 224-4330. Confidentiality can be maintained. The reward offer ends May 5, 2016.

Student Loans — A referral of service member complaints from the Consumer Financial Protection Bureau’s Office of Service-member Affairs, headed by Holly Petraeus, leads to a settlement with Navient for overcharging on student loans. Beginning this June, 77,795 service members will begin receiving \$60 million in compensation for having been charged excess interest on their student loans by Navient Corp., the student loan servicer formerly part of Sallie Mae.

Visit www.justice.gov/opa/pr/nearly-78000-service-members-begin-begin-receiving-60-million-under-department-justice.

Ripoff Relief — The new Office of Service-member Affairs (OSA) webpage is live!

The webpage has all sorts of helpful things that Soldiers can use as a resource to find OSA’s work and initiatives all in one place. Those who serve or have served our country should not have to worry about falling victim to unfair, deceptive or abusive financial practices.

OSA represents the military community at the CFPB to ensure that its concerns are heard – and that we do something about them.

The new website helps these ways:

- Making your voice heard.
- Telling your stories.
- Taking action to assist service members.
- Pushing for better protections.
- Advocating for resources for service mem-

bers, veterans and their families.

•Providing tools for educators and service members.

Visit www.consumerfinance.gov/service-members/ and on consumerfinance.gov under Get Assistance > Information for>Service-members and Veterans.

8 / Monday

PTAW — U.S. Army-Pacific will host Pacific Theater Army Week, June 8-12, ending with the 240th Army birthday commemoration at the Hilton Hawaiian Village beginning at 5 p.m. Visit www.himwr.com/special-events/latest-news-and-special-events/community-news/1375-pacific-army-week.

16 / Tuesday

FBTH — Virtually attend the garrison’s Facebook Town Hall, 6-7:30 p.m. Participants can ask experts questions about services and programs. Log onto the “Events” tab at www.facebook.com/usaghawaii to post your question and avoid the rush hour.

19 / Friday

Signal Change — All are invited to the change of command ceremony for the 30th Signal Battalion, 10 a.m., on Curtis Loop Field, Wheeler Army Airfield.

Lt. Col. Kevin M. MacNeil will assume command from Lt. Col. Melissa C. Miles.



Traffic Report lists roadwork, construction and noise advisories from the Army and the Hawaii Department of Transportation (HDOT). Visit www.garrison.hawaii.army.mil/info/trafficcalendar.htm. Unless specified, all area codes are 808.

8 / Monday

Waianae Ave — There will be a road closure for construction at Schofield’s Waianae Avenue south corridor, 8 a.m.-4 p.m., between Generals Loop and Jecelin Street, Aug. 21. Waianae north will be designated for two-way traffic during this closure. The existing traffic flow will be restored to the original configuration during non-duty hours.

Construction is scheduled to be completed in two phases.

- Phase 1 will take place June 8-July 10.
- Phase 2 begins July 13.

Schofield Closures — One lane will close at McMahon Road, June 8-12, and there will be a one-lane closure at Hendrickson Loop, June 15-19. Closure hours are weekdays, 8:30 a.m.-5 p.m. (Wednesdays, 8:30-noon).

15 / Monday

Construction Closure — There will be a one-lane closure at Schofield’s Hendrickson Loop from today until June 19. During this time, work will include asphalt paving cutting; demolition and installation of concrete curb; electrical, water and sewer utilities; and tree trimming.

Ongoing

Extended Detour — A partial road closure on Schofield’s Cadet Sheridan Road, continues weekdays, 8:30 a.m.-to 3:30 p.m., through June 15.

Traffic will be detoured, as necessary, to any local traffic needing access to Elou Street. During construction, northbound traffic from Kolekole Avenue to Cadet Sheridan will be detoured through Pule’e Street to Trimble Road, as necessary. South bound traffic at the Trimble/Cadet Sheridan intersection will be detoured through Hewitt Street to Kolekole Avenue, as necessary.

Hawaii sustainment troops excel, lead dining facility

Story and photo by
SGT. ERIN SHERWOOD
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — Soldiers throughout the 8th Theater Sustainment Command and their civilian counterparts had something to be proud about May 28 at the 8th TSC dining facility, here.

The dining team placed second out of 189 Army DFACs around the world in the nationally recognized Philip A. Connelly Army Food Service Competition for food service excellence.

“We all know how important it is as Soldiers that we have the right kind of food service personnel,” said Col. Gregory Boyd, commander of the 45th Sustainment Brigade. “These folks are here even before you’re thinking about getting up for physical training, and when you are getting home, they are still here preparing for the next day and making sure our Soldiers are taken care of.”

The Connelly Award was established in 1968 and is designed to encourage professionalism in Army food service teams and recognize excellent performance. The award is named in

honor of the late Philip A. Connelly, a former International Food Service Executive Association (IFSA) president, who was responsible for obtaining IFSEA sponsorship of Army food service awards.



Col. Gregory Boyd, commander, 45th Sust. Bde., addresses the recipients of the Philip A. Connelly Award for Excellence in Food Service, May 28, at the 8th TSC dining facility. The Connelly Award goes to only the finest Army dining facilities with the best cuisine, and the annual, Armywide competition is fiercely contested.

According to the U.S. Army Quartermaster Corps website, the IFSEA is a professional organization “dedicated to raising food service industry standards.” It says its membership is comprised of management executives from all aspects of food service, including armed forces and other organizations having food service operations.

“Most of the things they were grading us on are things that we do every day,” said Master Sgt. Robin Propes, senior food manager for the brigade. “When you are competing, though, they want to know what your standard is.”

There are many factors that go into deciding the award, including the way the food is cooked, its nutritional value, the cleanliness of the building, how the rations are ordered, how much inventory of food is in the facility, paperwork and production schedules, budgeting and, of course, the actual taste of the food served.

“I think the most challenging aspect for me was balancing the budget on a month-to-month basis,” said Sgt. 1st Class Michael Brodie, dining facility manager for the 45th Sust. Bde. “I also had to make sure my Soldiers were following recipe cards and production schedules.”

The award is a first in many years for the dining facility, which has been competing since October.

“The hard work you put in, we see it when we go to the field; we see it when we deploy,” said Command Sgt. Maj. Mark Morgan, addressing the winners. “We appreciate the dedication that you put in over the last year to compete at that level.”

“In my mind, we are the winners of this competition,” said Boyd. “Every Soldier here today has done a phenomenal job.”

8th MPs ride for safety, camaraderie, building fellowship

Story and photo by
STAFF SGT. TARESHA HILL
8th Military Police Brigade Public Affairs
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Over a dozen motorcycle riders from within the 8th Military Police Brigade, 8th Theater Sustainment Command, participated in the brigade’s annual motorcycle safety ride, May 15, here.

With the forecast calling for clear skies after

four days of rain, Watchdog motorcyclists were happy as they gathered under the brigade’s gazebo for the safety brief.

Leading the event, Sgt. 1st Class Michael VanHise, a motorcycle mentor with Headquarters and Headquarters Company, 8th MP Bde., gave an in-depth brief about the route and destination.

This year, VanHise explained that the riders would be going to Diamond Head State Monument where they would tour the Hawaii State

Civil Defense Emergency Operations Center.

VanHise warned the riders and said that the brigade was lucky to be allowed into the park with their motorcycles.

“Do not rev your engines in that tunnel,” VanHise said. “The noise is incredibly loud, and most of those tourists aren’t familiar with American motorcycles or the noise they make. It can scare them.”

VanHise recalled a previous incident and added, “It has happened before and HPD (Honolulu Police Department) was called.”

Despite the warnings, VanHise encouraged the group to have fun and enjoy the ride.

Before releasing the riders, VanHise made certain every rider was confident with the route, understood the riding rules and ensured all safety checks were complete by the mentors.

As a motorcycle mentor in the 39th MP Detachment, 728th MP Battalion, Staff Sgt. Benjamin Walker said that the rides were meant to mentor and educate the younger Soldiers.

“It’s about having eyes on them and teaching these riding skills to the junior riders,” Walker said, “so that when they’re out there, they can ride their motorcycles safely.”

“It’s also about having fun, too,” he added.

Finally, the riders mounted up onto their bikes and strapped into their helmets. After donning the rest of their safety gear, engines revved, and the group roared out of the brigade’s parking lot.

Arriving safely at their destination, the riders were greeted by staff members of Hawaii’s State Civil Defense Emergency Operations Center.

Leading the tour through the center, the earthquake and tsunami program planner, Kevin Richards, was more than happy to educate the group about the center’s capabilities and history.

As Richards led the group inside, he informed them about what they were actually entering.

“This is a bunker,” Richards said. “To give you an idea about how deep this actually goes, there’s a tunnel underneath that is filled with water, and the water is so clear that you can shine a light straight through it.”

After learning about the bunker’s history, past visitors and Hawaii’s many emergency plans, the hourlong tour ended.

“There’s a lot of history in that place,” said Sgt. Dustin Trail, team leader, 57th MP Co., 728th MP Bn., about the tour. “It was awesome to see.”

“I loved it,” said Staff Sgt. Ernie Reese, motorcycle mentor, 57th MP Co. “It’s all about fellowship, and it’s great when riders can get together.”



8th MP riders cruise out of Diamond Head State Monument. The Soldier-motorcyclists toured the Hawaii State Civil Defense Emergency Operations Center, May 15.

PAU HANA



Courtesy photos

Above, the rehabilitated Buildings 450 and 451 at Quad D maintain most of the buildings' historic features. Right, scenes from the Academy Award-winning movie "From Here to Eternity" are filmed at Quad D.

"When work is finished."

Preserving
the Army's Heritage

USAG-HI wins Historic Hawaii Foundation awards

KAREN A. IWAMOTO
Staff Writer

S

CHOFIELD BARRACKS — The Historic Hawaii Foundation honored U.S. Army Garrison-Hawaii with two awards, Friday evening, at its annual Preservation Honor Awards ceremony.

The awards recognized USAG-HI's rehabilitation of Buildings 450 and 451, here, at Quad D, and Building 104 at Tripler Army Medical Center. All of the buildings are on the National Register of Historic Places.

"We're very happy our efforts were recognized by the (preservation) community," said Ken Hays, architectural historian with the Environmental Division of USAG-HI's Directorate of Public Works. "It shows the local community that the Army does take care of its historic buildings and resources, and by doing so, we help to preserve the nation's heritage while providing our Soldiers with a high quality of living."

Kiersten Faulkner, Historic Hawaii Foundation's executive director, said USAG-HI did exemplary work in sustaining the historic features of the buildings while updating the interiors, thereby demonstrating that historic buildings continue to have a place in contemporary society.

"The Army's story is an important part of our community's story," she said, "and these buildings help to tell that story."

To accomplish the rehabilitations, DPW worked with U.S. Army Corps of Engineers and contractors to identify and maintain the historic architectural characteristics of the buildings, while ensuring they were safe enough to meet antiterrorism/force protection (AT/FP), structural, seismic and physical security requirements.

The buildings were rehabilitated to reflect as closely as possible what they looked like during their period of significance, circa 1909-1945. The interiors were overhauled to include modern amenities, such as energy-efficient, air-condi-

tioning units and windowpanes that reduce the amount of UV that enters the buildings.

As seen in the movie

The rehabilitation of Buildings 450 and 451 of Quad D are part of USAG's Whole Barracks Renewal Program, which aims to restore the five historic barracks on post, including one that was built in 1914.

Quad D is home to the 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division. Also known as the Wolfhounds, the 2-27th Inf. Regt. has a strong historic connection to Quad D.

"Quad D was built in 1921, and the Wolfhounds have lived there ever since," said 2-27th Inf. Regt. Command Sgt. Maj. Derek Gondek. "We've left to support this country in every major conflict, but we've always come back to the D Quad. It's our home."

"The first shots of World War II were fired at D Quad," he continued. "When some Japanese planes flew over and fired some shots, some Wolfhounds secured their weapons and fired back from the roofs of the D Quad."

Added Hays, "There's a lot of unit history there. Many of the Soldiers have a familial history, as well. Their fathers and grandfathers lived there while they were stationed here."

The rehabilitation maintained the buildings' high ceilings, deep porches and balcony arches — all trademarks of the American Italianate style of architecture.

Scenes from the 1953 movie "From Here to Eternity," which won eight Academy Awards, were also filmed at Quad D.

An oasis restored

Like Quad D at Schofield Barracks, Building 104 at TAMC is also steeped in historical significance. Completed in 1948 as part of the medical center, it was commissioned by Lt. Gen. Robert C. Richardson Jr., who was the military governor of the Territory of Hawaii during World War II. He hired the New York-based architectural firm York & Sawyer to design the building medical center and Robert O. Thompson to design the landscaping.

"(Richardson) wanted it to look un-military," Hays explained. "He wanted it to look and feel like a resort, and we renovated it in keeping with his wishes."

National organizations recognize Schofield pilot project

KAREN A. IWAMOTO
Staff Writer

A strong Army is prepared, and the key to being prepared is having a well-thought-out plan. This is true whether the mission involves combat, responding to natural disasters or deployments.

But often overlooked by the public is master planning — developing a community through a long-range plan that balances and harmonizes all elements.

About three years ago, U.S. Army Garrison-Hawaii set out to do just this when Schofield Barracks became the home of a pilot project developed by the U.S. Army Corps of Engineers, Fort Worth District, Southwest-ern Division.

Known as the Installation Sustainability Master Plan, the project sought ways to integrate sustainability into long-term master planning to help the garrison meet Department of Defense "Net Zero" goals for reducing energy and water consumption.

The project's efforts, so far, have paid off. Two national organizations recently recognized USAG-HI's Installation Sustainability Master Plan.

In April, the American Planning Association (APA) bestowed USAG-Hawaii with an award for Outstanding Sustainable

Planning, Development or Design Initiative. Also in April, the National Association of Environmental Professionals (NAEP) honored USAG-HI its award for Excellence in Planning.

According to the NAEP, the Installation Sustainability Master Plan stands out because, instead of focusing on individual buildings, it takes a holistic, bird's eye view of all of Schofield Barracks.

A key component of the plan's approach was inclusion of the new Net Zero Planner, a Web-based modeling tool developed by the U.S. Army Engineer Research and Development Center, Construction Engineering Research Laboratory in Illinois.

Because the project works, it is intended to be used at other Army and Department of Defense in-

stallations, said Mark Mitsunaga, master planner with the Planning Division of USAG-HI's Directorate of Public Works.

"Winning awards is nice, but the real challenge is to get the Army to understand the importance of master planning," said Mitsunaga. "Having a master plan is integral to getting things running in an efficient manner."

He added, "Using these methods at the early planning stages is the most advantageous time, since it will be able to incorporate techniques at the front end rather than trying to retrofit later."



Karen A. Iwamoto

USAG-HI and the Army Corps of Engineers win an Excellence in Planning award (above) from the NAEP for its master plan pilot project.



Courtesy images

The map at left illustrates how Schofield Barracks could be developed more efficiently going forward. The map at right illustrates the current layout of Schofield Barracks.

The most noticeable change is that the building is once again adorned in its coat of iconic pink paint.

"Gen. Richardson met Thompson in the 1940s, and he wanted the medical center to emulate the Royal Hawaiian in Waikiki.

That's the inspi-

ration for the pink," Hays said. "And at the time, in the 1940s, the Royal Hawaiian was also surrounded by beautiful gardens. Unfortunately, most of those gardens are now gone, but we've maintained the original landscaping at TAMC."

Also in keeping with Richardson's original vision, the rehabilitation includes an enhanced outdoor recreation area.

Said Hays, "He wanted the Soldiers to be able to enjoy Hawaii's outdoor environment."



Courtesy photo

The rehabilitated Building 104 at TAMC restores the pink paint that the medical center is known for. It was also upgraded to include modern amenities inside.



Briefs

Today

Ladies Night 8 Ball Pool Tournament — Ladies come show off your skills and enter our pool tournament at 8:30 p.m. for registration. Sign-up is every Friday night during the month of June.

Win gift cards for the top three finishers for the 9 p.m.-midnight event. Finale scheduled for June 26.

You must be 18 years of age or older to participate. Call 655-5698.

6 / Saturday

Parents Night Out — South (FS/AMR) CYS Services offers Parents’ Night Out to registered families in the military community, 6-11 p.m., June 6, at AMR CDC (Bldg. 1783) and AMR SAC (Bldg. 1782).

Reservations on a first-come, first-served basis at Parent Central Services at AMR. Call 833-5393.

9 / Tuesday

Magic Show — Doors open at 5:30 p.m. at the SB Nehelani for this night of mystery, fantasy and comedy. Dinner buffet included, 5:30-6:45 p.m., with the show from 6:45-7:45 p.m.

Cost is \$25/per person; \$10 for ages 4-10 and children 3 and under free. Make reservations at 655-4466/0660.

13 / Saturday

Surfing — Learn to surf like a local with Outdoor Recreation, 8:30 a.m.-12:30 p.m., with this beginner training class for all ages on the south shores of Oahu at White Planes. All you need to bring is water, snacks and sunscreen.

Personal flotation devices are required for those who cannot tread water for 6 minutes or swim 200 yards. Fee is \$59/per person. Registration is open until noon, May 12. Call 655-0143.

Movie on the Lawn — Free family movie on the big screen features “Hook” at SB Weyand Field. Participate in the themed pirates and princesses costume contest at 6:30 p.m. Prizes will be awarded for each division: 0-4 yrs, 5-10 yrs, 11-17 years and best family costume.

Come early to set up your blankets and chairs and get some popcorn. Ahoy matey!

Country & Western Party — SB Kolekole Bar & Grill hosts the 8 p.m.-midnight evening of fun. Appetizers and drinks available. Call 655-4466.

15 / Monday

Grill Your Own Steak Night — Hale Ikena hosts, 3-8 p.m., every 1st and 3rd Monday of the month. Grill your own steak or we’ll be glad to do it for you for an additional cost.

Served with a baked potato and chef’s choice of vegetable. Call 438-1974.



Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

Picnic on the Pier — Battleship Missouri Memorial hosts live music, raffle prizes, tours of the Mighty Mo and an amazing view of the sunset over historic Pearl Harbor during its “Picnic on the Pier,” 5:30-8 p.m. Presale price is \$10; \$15 at the door. Call 455-1600, ext. 246.

John Fogerty 1969 Tour — Legendary songwriter, lead singer and guitarist for Creedence Clearwater Revival performs in concert at the Blaisdell Center Arena, 7:30 p.m. Call 786-5400/5252

Concerts highlight PTAW events

U.S. ARMY GARRISON-HAWAII
Public Affairs

WAIKIKI — The 25th Infantry Division Band is conducting two “Legacy of Honor” concerts, 7-8 p.m., June 9-10, at the Hale Koa, as part of Pacific Theater Army Week.

Celebrate the continuing relationship between the Pacific Command and the Asian-Pacific region with a presentation of the colors and honors, with Soldiers from the past and present, all designed to instill in our community a sense of pride and patriotism in the telling of the Army story, traditions, values, struggles and victories.

This hourlong program includes a Hui Ha’a presentation and a memorial piece/Pearl Harbor remembrance.

Performances feature Army Music Hawaii’s (25th ID Band) “Mana” Haka team and 20 Soldiers as cast members.

The finale features the return of period Soldiers and Hui Ha’a/photo opportunities where the audience is welcomed to take photos and greet cast members.

Visit https://www.facebook.com/ArmyMusicHawaii?ref=br_tf.

Monday, June 8

Family Fun Run/Walk, 7:30 a.m. Fort Shafter’s historic Palm Circle is the site for entertainment that includes USARPAC Ninja demonstrators, a disc jockey and Celtic bagpipers. Unit/Army physical fitness uniform is the dress; families, civilians and strollers are welcome.

Tuesday, June 9

PTA Week Golf Four Person Scramble; check-in from 10-11:30 a.m.; noon shotgun start.

At Leilehua Golf Course. Registration closed May 25, but reopens the day of the event, upon availability (i.e., if not sold out). Call Spc. Mark Powell, 655-5827; Pfc. Letice Walton, 655-8592; or Pvt.2 Benny Deloera, 655-8592.

Cost for E1-E5, \$44; E6-O10, \$52; and civilian, \$59. Includes registration, green fees, cart fees and food with beverage.

Wednesday, June 10

PTA Softball Tournament, 9 a.m. Invocation, followed by National Anthem and first pitch at Takata Field, Fort Shafter.

Triple-header begins with two elimination games involving command sergeants major playing colonels and general officers, followed by first sergeants/master sergeants playing field grade officers. The third game will feature the winning teams playing for the tournament title.

16 / Tuesday

Preschool Story Time — Special guest Mermaid Harmony tells entertaining tales at the FS Library, 10-10:45 a.m., and at the same time Wednesday, June 17, at SB Sgt. Yano Library.

Magic with Kelvin Chun — In the kick off of the Summer Reading Program, at FS Library on Tuesday, followed by SB Sgt. Yano Library on Wednesday, both from 3-3:45 p.m. Recommended for ages 6 and up.



POCs are Sgt. 1st Class Arnold and Sgt. 1st Class Leonado at 438-4659.

“Legacy of Honor” Musical Tribute, 7-8 p.m. At Army Museum on Fort DeRussy. This is a commemoration of the Army’s 240th birthday honoring Soldiers from the past and present.

Thursday, June 11 Sisters in Arms, 12:30-2 p.m.

At Palm Circle for “Women Reaching Out To Women.”

PTA Wellness Fair is designed to instill confidence in mental and physical health with static and interactive displays, including Tripler Army Medical Center and others. USARPAC Sisters in Arms monthly themes are designed to accomplish the following:

Engage: Getting women out in the community to make a difference.

Meet: Networking and how to build professional relationships.

Perform: Improving performance in the work environment.

Overcome: Conquering adversities in ever-changing environments.

Wellness: Instilling confidence in mental and physical health.

Educate: Emphasizing importance of continuing education.

Revive: Having fun and inspiring and recognizing “everyday” women. Sponsor: Advocating for fellow women.

“Legacy of Honor” Musical Tribute, 7-8 p.m. at Army Museum on Fort DeRussy. The second night once again features a performance by Army Music Hawaii’s (25th ID Band) “Mana” Haka team and 20 Soldiers as cast members honoring Soldiers from the past and present.

Friday, June 12

U.S. Army Birthday Commemoration Ball, Begins at 5 p.m. at Hilton Hawaiian Village, Coral Ballroom. Entertainment includes a performance by the 25th ID Band. Tickets are on sale for \$90 through unit representatives, or contact Kole Miller at 438-0848.

PTAW Events

Army week is a collection of events held to commemorate the U.S. Army’s birthday.

This June 14th marks 240 years of proud service and tradition!

17 / Wednesday

Climbing 101 — Outdoor Recreation leads this unique full-body workout as you learn the basics of climbing a stationary wall with a pro, 5-7 p.m., June 17-18. ODR has most size shoes and instructions that are included in the price, \$15/per person. Call 655-0143.

20 / Saturday

Adventure Mountain Bike Level II — Come tour with ODR, as

21 / Sunday

Father’s Day Brunch — SB Nehelani celebrates dad with a hearty feast, 10 a.m.-2 p.m., for \$19.95.

it takes you mountain biking, 8:30 a.m.-12:30 p.m., on the North Shore of Oahu. This is a Level II bike trip. All transportation (up to 12 people), instruction and equipment are provided; \$30/per person.

Sign up at Outdoor Recreation no later than noon the day before the program. Call 655-0143.

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command

25th ID: 25th Infantry Division

ACS: Army Community Service

AFAP: Army Family Action Plan

AFTB: Army Family Team Building

AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA

BCT: Brigade Combat Team

BSB: Brigade Support Battalion

Co.: Company

CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program

FMWR: Family and Morale, Welfare and

Recreation

FRG: Family Readiness Group

FS: Fort Shafter

HMR: Helemano Military

Reservation

IPC: Island Palm Communities

PFC: Physical Fitness Center

SB: Schofield Barracks

SKIES: Schools of Knowledge,

Inspiration, Exploration and Skills

TAMC: Tripler Army Medical

Center

USAG-HI: U.S. Army Garrison-

Hawaii

USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield



Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel

FD: Fort DeRussy Chapel

HMR: Helemano Chapel

MPC: Main Post Chapel,

Schofield Barracks

PH: Aloha Jewish Chapel,

Pearl Harbor

SC: Soldiers’ Chapel,

Schofield Barracks

TAMC: Tripler Army

Medical Center Chapel

WAAF: Wheeler Army Airfield

Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR

•Saturday, 5 p.m. at TAMC,

WAAF

•Sunday services:

- 8:30 a.m. at AMR

-10:30 a.m. at MPC Annex

-11 a.m. at TAMC

•Monday-Friday, 11:45 a.m. at

Soldiers’ Chapel and 12 p.m.,

TAMC

Gospel Worship

•Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex

•Friday, 2:30 p.m., TAMC

•Saturday and Sunday, 5:30 a.m.;

6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at Wheeler

Annex

Protestant Worship

•Sunday Services

-9 a.m. at MPC

-9 a.m., at FD, TAMC chapel

-10 a.m. at HMR

-10:30 a.m. at AMR

-11:30 a.m. at WAAF

(Spanish language)

-11 a.m. at SC

(Contemporary)

Liturgical (Lutheran/

Anglican)

•Sunday, 10 a.m. at WAAF



Call 624-2585 for movie listings or go to aafe.com under realtime movie listing.



Unfriended

(R)
Fri., June 5, 7 p.m.



Monkey Kingdom

(G)
Sun., June 7, 2 p.m.



Paul Blart: Mall Cop 2

(PG)
Thurs., June 11, 7 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

New homes under construction at Tripler, Schofield

ISLAND PALM COMMUNITIES
News Release

SCHOFIELD BARRACKS — Out of sight, but not out of mind is the construction of Island Palm Communities’ Rainbow Village neighborhood situated above Tripler Amry Medical Center.

Featuring panoramic views of Oahu’s south shore to the coastline of West Oahu, families will begin moving into the first of the 79 new homes in October of this year.

Construction also is getting underway in the Santa Fe neighborhood on Schofield Barracks where 192 homes were recently demolished to make way for 186 new units. The first group of homes in this neighborhood is scheduled to be completed in May 2016.

An astonishing 4,460 new homes have been built across Oahu Army installations since the IPC partnership – between the Army and developer Lend Lease – was established in 2004, and 581 new homes are scheduled to be constructed over the next five years.

When the initial development plan ends in 2020, all IPC’s projected 7,756 homes will be new construction or will have undergone major renovation.

“By privatizing military housing, we’ve been able to provide thousands of new and renovated homes to Soldiers and families on Oahu in a very short period of time, and we’ve built community centers and numerous community amenities, such as playgrounds, basketball

A Million Tons and Counting

Since IPC’s development scope got underway in 2004, Lend Lease has recycled nearly 1.5 million tons of material.

In addition to working with local recycling companies, a crusher on-site has allowed much of the concrete material to be reused in sidewalks and roadways:

- 1,184,233 tons of concrete to crusher.
- 5,430 tons of metal to Helemano.
- 128,123 tons of vegetation to mulch.
- 118,554 tons of solid waste recycled.

courts, spray parks, swimming pools and BMX bike and skateboard facilities,” said Col. Richard Fromm, commander, U.S. Army Garrison-Hawaii.

A sustainable development

In partnership with Re-Use Hawaii, a not-for-profit working to reduce waste through building material reuse and recycling, Lend Lease’s Project Management and Construction successfully diverted from landfills more than 45,000 pounds of waste during a recent pilot deconstruction project at the Santa Fe Neighborhood.

“We volunteered our team for this pilot project to demonstrate what is possible on these large development projects and hope to partner with Lend Lease on the rest of its work,”



Island Palm Communities

New construction of 79 new homes is well underway in the Rainbow Village neighborhood above Tripler Army Medical Center. Families will begin moving into the homes in October.

said Quinn Vittum, executive director of Re-Use Hawaii. “With very little cost, we can make a big impact in helping Lend Lease meet its sustainability objectives.”

“Our team has made a tremendous effort to reduce waste throughout the project’s development that includes the demolition of more than 4,500 homes,” said Craig Constant, construction manager for Lend Lease. “We’ve seen great success with our white goods recycling program working with local organizations, such as nonprofits helping economically-dis-

advantaged families get settled into a home.”

In addition to recycling initiatives during development, IPC is helping foster good recycling habits among its residents throughout their residency.

More Online

For more information about IPC’s development initiatives, click on “About Us” at www.islandpalmcommunities.com.



Dock at USS Arizona Memorial undergoes urgent repairs

NAVY REGION HAWAII
Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — On May 27, the Hospital Ship USNS Mercy was being maneuvered by two tugboats to transit Pearl Harbor from its berth at Hotel Pier as it prepared to go to sea. As the Mercy turned to head out to the channel, the ship may have made contact with the floating dock leading to the USS Arizona Memorial.

Strong prop wash from the ship pushed the floating dock and access structure (brow) approximately 10 feet toward the memorial, damaging handrails and the dock’s infrastructure.

There was no damage to the re-

mains of the USS Arizona vessel and no apparent damage to the Mercy. The memorial experienced minor superficial damage. There were no injuries.

Quick action

The Navy removed the brow and immediately began repairing the above-water floating dock and access structure and evaluating the underwater mooring system of chains and concrete block anchors.

National Park Service officials said Wednesday that repairs are expected to be completed by Friday or Saturday, allowing the park to return to regular service for patrons.

“The National Park Service is



MC2 Daniel Barker, Mass Communication Specialist

Pictured above is the USS Arizona Memorial, which sustained superficial damage when it may have been struck by the USNS Mercy, May 27.

working hard to provide visitors to Pearl Harbor with the most meaningful experience possible while the

dock at the USS Arizona Memorial is being repaired,” said Superintendent Paul DePrey. “Harbor boats are still

leaving every 15 minutes for Battleship Row, where the battleships were moored on Dec. 7th, 1941. The public can view the USS Arizona from the boat.

“Visitors should also know that there are many other special Pearl Harbor historic sites to visit, including the USS Oklahoma Memorial, the Pacific Aviation Museum and the Battleship Missouri,” he added.

The National Park Service and the U.S. Navy work in partnership to bring the public out to the USS Arizona Memorial. While visitors won’t be able to disembark at the memorial, park rangers will be on the boats to provide historic interpretation and to answer questions.

‘Be Food Safe’ equals barbecue health

KEVIN L. ROBINSON
Defense Commissary Agency

FORT LEE, Virginia — Nothing signals the start of summer quite like the backyard barbecue.

As commissary patrons worldwide prepare to dust off their “grill sergeant” skills for a day of good food and good company, the Defense Commissary Agency wants to ensure that they handle and prepare their food safely.

“Many of our patrons understand the 30 percent savings their commissary benefit provides them for items, such as the meat and other foods for the barbecue,” said Army Col. Michael A. Buley, DeCA’s director of public health and safety. “However, we also want to remind them to ‘Be Food Safe’ as they prepare, cook, eat and store their tasty fare from the cookout.”

Target safety

The Be Food Safe program is as important to the success of the barbecue as charcoal is to an old school grill, said Chris Wicker, DeCA’s public health adviser. The program was created through the collaboration of several government agencies – the U.S. Department of Agriculture, the U.S. Food and Drug Administration and the U.S. Center for Disease Control and Prevention – to focus on preventing foodborne illnesses caused from improper food handling at home.

Foodborne illnesses, such as salmonella, E. coli and listeria, are all potential party crashers if people don’t pay heed to proper food handling, Wicker said.

Tips

Wicker said that anyone planning a barbecue should first consider the following basic food safety tips:

- Be clean.** Before cooking or eating – and definitely after using the bathroom – wash your hands with soap and water for at least 20 seconds. Don’t forget the grill; it should also be cleaned before preparation begins.
- Separate the food.** Keep raw food apart from cooked food. The juices from raw meats can contain bacteria that could transfer to other foods. That means use separate plates or containers for raw meat, poultry or seafood when moving food to the grill and different containers entirely for the cooked products, unless the carriers have been washed thoroughly in soap and water.

Also, keep cooking utensils and cooking surfaces clean from potential cross contamination.



File photo

Grilling and outdoor eating are fun, but also pose the danger of salmonella, E. coli and listeria when proper food handling precautions are not taken.

- Marinate in refrigerator.** Any food that is marinating should be covered and kept in a refrigerator until ready to cook. Also, don’t reuse marinade containing raw meat.
- Cook it completely.** This means you cannot take shortcuts on the amount of time it takes to thoroughly cook meat. Use a food thermometer to ensure meat is ready to eat. For example, ground beef and pork should be cooked at 160 degrees Fahrenheit, chicken at 165 degrees and steaks and roast at 145 degrees. You can use your microwave, oven or stove to precook the food immediately before placing it on the grill.
- Chill and freeze – immediately.** Food should never be off the grill or out of the cooler for more than two hours. And, when the outside temperature is hotter than 90 degrees, food can only be left out for an hour.
- Hot, hot, hot.** Keep hot food wrapped, in-

sulated in a container and at or above 140 degrees. Eat hot take-out food within two hours of purchase. When reheating food on the grill, make sure it reaches 165 degrees.

- Keep it cold.** If it’s meant to be cold, it needs to stay that way at or below 40 degrees. Chicken salad, potato salads, bagged and green salads, and certain desserts must be protected from warm temperatures by placing them on ice in coolers. Remember to drain the water from melted ice in those coolers and replace ice as necessary.

“Time and temperature are key factors for grilling and protecting your loved ones from foodborne illness,” Wicker said. “Ensure proper temperatures are reached for all cooked meats and that no food is left out longer than two hours. Keep cold foods cold and hot foods hot. When in doubt, throw it out.”

More on Food Safety

For more information on eating food outside or handling food safely outdoors, visit the U.S. Food and Drug Administration at www.fda.gov/Food/ResourcesForYou/Consumers/ucm109899.htm.

For the latest food safety alerts and product recalls affecting military commissaries, visit www.commissaries.com and click on the “Food Recalls” box near the bottom of the front page.

For general food safety information, visit the DeCA website – www.commissaries.com, choose the “News & Info” tab near the top of the front page and select “Food Safety” from the drop-down box.

The DeCA website’s food safety page is also a good source to access links to various consumer safety sites, such as www.recalls.gov.

For more information on Be Food Safe, go to www.befoodsafe.org/.



DeCA steps up sustainment

JESSICA ROUSE
Defense Commissary Agency

FORT LEE, Virgina — Green purchasing, food bank donations and recycling highlight a long list of things the Defense Commissary Agency is doing to reach “net zero waste” and other environmental goals.

The agency has long focused on the reduction of waste, recycling materials, conservation of resources and becoming more energy-efficient overall, said Randy Eller, deputy director of DeCA’s logistics directorate.

Today, even more is being done to conserve resources.

Commissary customers also have many ways to go green. Commissaries stock green products and offer reusable shopping bags for purchase. Customers can choose from different designs, and there are thermal bags as well. Stores also recycle plastic shopping bags for patrons.



Photo courtesy of Defense Commissary Agency

DeCA stocks reusable grocery bags as part of its environmental effort.

The list of green products sold in commissaries includes compact fluorescent lamps, green cleaning products and high-efficiency laundry cleaning products. Also available are waste-reduction products, such as paper towels and bathroom tissue without cardboard tubes, so there is nothing to throw away after the last towel is used. The stores also carry organically grown fruits and vegetables.

See BAGS B-5

More Online

To review the DeCA video, go to <http://youtu.be/wsby-L78yKs>.



Sometimes in life, there’s a guard that never smiles

During morning rush hour, cars creep forward in a queasy, gas-break rhythm toward Gate 1. The most recent ISIS threats have prompted heightened security, so the guard is taking his time.

After school drop offs, I join the security line in order to get back to our house on base. With nothing else to do but wait, I flop down the visor and grab a flosser from my purse.

Every few seconds, I peek under the mirror and inch the minivan toward the back bumper of the blue Prius ahead of me. In the space of two minutes, I manage to floss my teeth, pluck a few stray eyebrow hairs with the tweezers I keep in the center console, and dust the pollen off the dashboard with my sleeve.

With the gate finally in sight, I feel for my military ID card. I use the pad of my thumb to grip the edge of the laminated card, tugging it from its slot. ... Every once in a while, it’s not there, and I feel that nervous burn in the pit of my stomach. Did I lose my military ID? ... But after a few panicked seconds, I find it in the wrong slot or rattling around in the bottom of my purse with gum wrappers and stray coins. This time, my ID is just where it’s supposed to be, and I slide it out between my thumb and forefinger in one fell swoop.

As the blue Prius ahead of me stops at the guard station, I see him. Oh no ... not that guard; I mumble to myself with dread. Will he finally crack a smile?



THE MEAT & POTATOES OF LIFE
LISA SMITH MOLINARI
Contributing Writer

After checking the Prius driver’s ID, the stoic guard orders him to proceed with a flick of his finger, as if jettisoning a bug from his shirt sleeve. I sheepishly approach the guardhouse, handing over my ID.

Should I kill him with kindness? Drip with sarcasm? Or hit him head-on with, “Hey mister, this ain’t no Buckingham Palace. Lighten up!”

But as usual, I utter no words other than a weak “thank you” after being summarily dismissed.

Driving away, I realize, as much as I’d feel more comfortable if he would let his guard down and smile, he might be more comfortable keeping his guard up. And as long as the guards are keeping us safe, I guess I’m comfort-

able with that.

(A 20-year military spouse and mother of three, Molinari has plenty of humor to share in her column, “The Meat and Potatoes of Life,” which appears in military and civilian newspapers and at www.themeatandpotatoesoflife.com.)



Photo by Sarah Pacheco, Oahu Publications

WHEELER ARMY AIRFIELD — An MP scans an ID at the entrance of Kawamura Gate.

I’ve known many gate guards in my 21 years as a Navy spouse. Our family has lived on base for our last three tours of duty in Germany, Florida and now Rhode Island. We also lived on base in California, but that was during the 90s when the gate guard, if there was one at all, would simply wave vehicles through, casually eyeballing for military decals on windshields.

Nowadays, in the post 9-11 era, military folks have “personal” relationships with their gate guards, who check our military ID cards multiple times each day. We begin to recognize the guards and their distinct personalities.

There’s the chipper young military guards willing to exchange “thank-yous” and “have a nice days” while fulfilling their duties. The Department of Defense police guards are a more eclectic mix. Some reflect local social mores – southern hospitality, west coast mellowness, midwest sincerity, northern reserve.

In Florida, I enjoyed banter with guards who had slow-cooked southern drawls, and here in New England, I perk up when I see the one who chats with an amusing Nor’eastern accent, complete with a dropped “r” that turns up on the end of other random words.

Of course, no matter which guard is at the gate, there is always that serious moment when they swipe my ID through their handheld card reader, apparently revealing everything in my past, including that day I got grounded for digging worms up in the neighbor’s back yard.

No matter what I’ve done in my life, I always feel like I’m in trouble. But what a relief it is when the guard looks up from his little machine of secrets, hands me my ID, and says with a smile, “Have a nice day, ma’am.”

Whew!

But some guards are different.

Bags: DeCA is ‘green’

CONTINUED FROM B-4

“We want to give our patrons every opportunity to choose the products they want,” said Joseph H. Jeu, DeCA director and CEO. “If living green and reducing their carbon foot print is how they choose to live, we have the products for them. Shopping in the commissary for these products can help them save while they buy green.”

As for stores, 121 commissaries donate to 99 food banks around the country approved by the Department of Defense as eligible to receive commissary food donations, which helps reduce the amount of organic food waste the stores handle. They can donate all food that is edible, but not sellable, according to Robin Armhold, DeCA’s environmental engineer.

“We would like each commissary to have two food banks that they can contribute to,” said Armhold, noting that it not only keeps large amounts of food waste out of area landfills, but it also allows the commissary to help the local community.

“Every day around the world, millions of tons of food waste are simply bagged up and dumped in trash bins destined for the landfill,” she said. “In the U.S. alone, over 40 percent of landfill content is food waste.”

Treatment for addiction is an AMIOP phone call away

VIRGINIA JONES
Tripler Army Medical Center

HONOLULU — For over 30 years, Tripler Army Medical Center has had an ongoing program tucked away in its own ward, providing a valuable service to thousands of active duty service members, retirees and family members from all branches of the military.

Some people might remember when they were known as TRISARF, the Tri-Service Addiction Recovery Facility.

In 2014, along with a move to a larger space, came a new name: Addictions Medicine Intensive Outpatient Program, or AMIOP.

So what is AMIOP and what does it do?

Substance disorder treatment

As the name suggests, AMIOP provides treatment for substance use disorders. AMIOP follows criteria from the American Society of Addiction Medicine, and its service level is categorized as a level 2.5, which means “intensive outpatient.”

Patients attend the program for five weeks, Mondays through Fridays, from 8 a.m.-3:30 p.m. Each day is spent in classes, groups and individual sessions with licensed behavioral health counselors who have specialty certifications in addictions.

Referrals come from commands, medical providers and from patients themselves.

The patients are introduced to recovery through a variety of methods, including learning about the scientific and medical models of addiction and the spiritual component provided by successful 12 Step Pro-



Jim Goose Guzior, Tripler Army Medical Center Public Affairs

Staff of the Addictions Medicine Intensive Outpatient Program (AMIOP) meet with Dr. Gerard Delisio, clinical director (right), to discuss model programs, such as the 12 Step Programs of Alcoholics Anonymous and Narcotics Anonymous.

grams, such as Alcoholics Anonymous and Narcotics Anonymous.

Families are encouraged to actively participate so that they can learn about the effects of addiction on everyone, including their children. Like many other diseases, addiction often runs in families, and children are at risk of developing this disease with both genetic and environmental factors as significant contributors.

Therapies vary

The clinic has a provision of therapies aimed at patients who often feel frightened, ashamed, guilty and confused. Unfortunately, the negative stigma associated with substance use disorders contribute to these feelings, so much of the focus is spent on destigmatizing this disease and normalizing feelings through education.

A disease of this magnitude that affects mil-

lions of people in the U.S. alone should be regarded with the same respect as any other disease because it is a medical disorder.

“Addiction can lead to catastrophic outcomes if left untreated. That’s why we want to reach out to the community to make our services well known” said Dr. Gerard Delisio, clinical director of AMIOP. “It’s not until something tragic happens that we react.

“Let’s be proactive and fight this disease together without fear,” added Delisio.

Pandy Ching, senior counselor and licensed specialist clinical social worker, has worked in the clinic since its inception.

“Misinformation is deadly,” said Ching. “People consistently fail to recognize that addiction as a medical disorder is no different from diabetes, hypertension, or some forms of cancer. These all have a cause, symptoms and a treatment protocol.”

The treatment protocol for addiction is abstinence, so if you feel that you are having difficulty with sustained periods of abstinence, please call or electronically consult AMIOP for an assessment. If you are stationed in CONUS, please check with your local military treatment facility to see if there is an AMIOP near you.

(Note: Jones is an AMIOP family and addiction counselor at TAMC. Jim ‘Goose’ Guzior, TAMC Public Affairs, contributed to this article.)

TAMC Contact

There is a Consultation Liaison representative from TAMC standing by for your call at 433-6098.

Walk-in STI clinic provides confidentiality

LINDA BASS
U.S. Army Public Health Command

“Sexually transmitted infections, or STIs, among warriors and the community in which they live, have probably existed since antiquity.

In Hawaii, chlamydia and the human papillomavirus (HPV) are the most common infections, but among service members the rates are much higher.” said Lt. Col. Meryia D. Throop, nurse scientist, Tripler Army Medical Center (TAMC).



nity Health Promotion Council (CHPC) process when it was reported that rates of STIs among USARHAW service members are higher than Army rates and three times higher than the national rate and that service members often wait until they have symptoms before seeking help.

The goal of the clinic is to reach a greater number of individuals as early as possible to minimize contact exposure, ensure immediate referrals to providers for those who test positive and require treatment, and provide prevention education.

“We tend to see an increase in STIs when service members return from deployment, leave and even long holiday weekends. If you have placed yourself at risk by having unprotected sex, it is important to get tested,” said Lt. Col. David A. Cervantes, chief, APHN, TAMC. “Many infections may not cause any symptoms or physical changes, but you can still be infected and spread the infection to others.”

Patients will be referred to their providers if initial screening reveals that they are symp-

tomatic or if they test positive for an STI. Patients who are asymptomatic and test negative for STIs will be provided guidance and education from APHN with a goal to increase patients’ knowledge of preventive measures, reduce high-risk behaviors and minimize exposure to STIs.

(Note: Linda Bass is the health promotion officer for USARHAW.)

U.S. Army Health Clinic-Schofield Barracks

The STI clinic is located at the Schofield Barracks Health Clinic in Bldg. 681A and is open to all TRICARE beneficiaries, Monday through Thursday, 9 a.m.-12 p.m. and 1-3:30 p.m., and on Friday, 8 a.m.-12 p.m.

Prospective patients can reach clinic providers at 433-8677 or by calling or texting the APHN cell phone number at 224-9840. Prospective patients are encouraged to call prior to visiting the clinic.

Make Twitter comments at #armyhawaiietyourselftested or #getyourselftested.



Spc. Paxton Busch, Pacific Regional Medical Command Public Affairs

TAMC

MEN’S HEALTH

June is Men’s Health Month!

Men’s Health Month is the time to encourage men to make prevention a priority. Many health conditions can be prevented or detected early with regular checkups from your health care provider.

Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

Who is ready to man up and schedule a doctor’s appointment this June?

